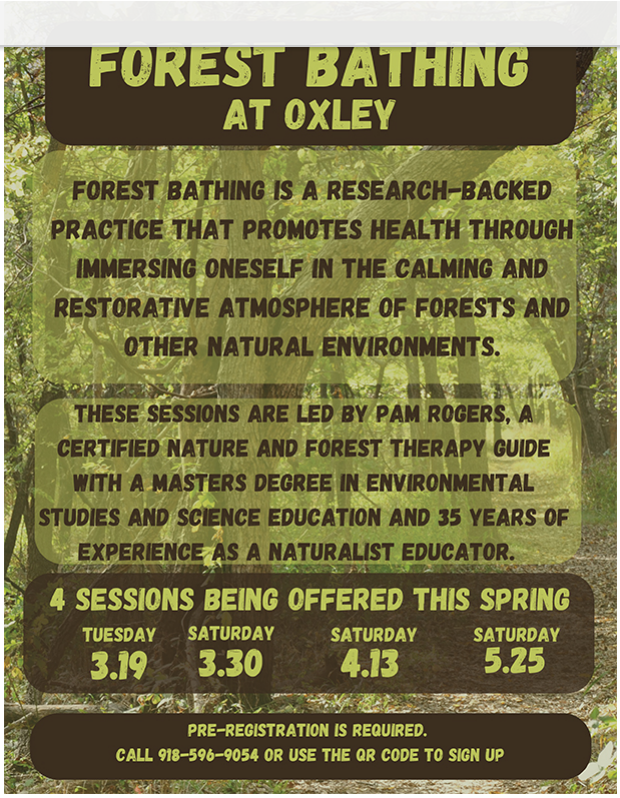
Cedar Waxwings | Bryan Tapp

Oxley Nature Center provides numerous opportunities for spotting birds and so often these sightings give us insight into what makes a species special. This photo taken by Bryan Tapp clearly shows the amazing sociality of the Cedar Waxwing.

Do you know this very handsome bird?

Bryan Tapp

Cedar Waxwing (*Bombycilla cedrorum*) is the name of this striking looking bird. You will find it at Oxley Nature Center during Winter and early Spring months, usually in large groups, eating berries on fruit bearing trees. During winter months it loves cedar berries (hence, it's name) and you will also see it gulping down berries of the dogwood, serviceberry, juniper, hawthorn and winterberry trees. The Cedar Waxwing is a true Frugivore whose digestive system is specialized for utilizing the fruits it swallows whole, including seeds. Just a hint, check out the lovely soapberry trees in the Interpretive Center parking lot, those golden berries are beloved by the Cedar Waxwing and this is a fun place to spot them!



Smart-Phone Nature Photography with Anitra Lavanhar

Topics covered will be composition principles, lighting, and simple ways to dramatically improve your photos. We will practice our new techniques on a guided photo walk along the trails.

Saturday, March 9
2-4pm
Ages 17 and up

Saturday, May 4
2-4pm
Ages *10 and up
*10-17 year-olds require a caregiver participant

Mary K. Oxley Nature Center - March Programs

March 2: 8am – 9:45 am: **Saturday Morning Birding**
This is a free guided birding walk. No pre-registration is required.

March 12 and March 15: 10am – 11am: **Little Seedlings: "Weather Wonderment"**
Experience nature with your little ones (ages 1-5 with a caregiver). Through stories, crafts, and time exploring the trails, we will help to inspire a life-long love of the outdoors. The Tuesday and Friday sessions are the same and pre-registration is required. Please call 918-596-9054 to receive your member discount.

March 16: 10:30am – 12:00pm: **Explore the Flora**
This is a free guided botany walk, no pre-registration is required.

March 22: 11:00am-12:30pm: **"All About Nature" Book Group**
Join us for a discussion of books related to nature, conservation, and the environment. March's selection: Wilding: Returning Nature to Our Farm by Isabella Tree
*Contact Mary Seabourn for information. mseabourn@cityoftulsa.org

March 25: 7pm – 8:30pm: **Full Worm Moon Walk**
This is a guided night hike and requires pre-registration. Please call 918-596-9054 to receive your ONCA discount. ($3/ person for members, $5/person for non-members).

SPECIAL PROGRAMS IN MARCH
Forest Bathing Sessions: Forest Bathing Sessions March 19, March 30, April 6, and May 25 Pre-registration is required. $10/person for members, $15 for non-members, please call 918-596-9054 for information and to receive your ONCA discount.

Join us for a transformative experience with our Forest Bathing program, a restorative practice rooted in scientific research that invites you to immerse yourself in the soothing embrace of nature. Guided by Pam Rogers, a certified guide through the Association of Nature and Forest Therapy, and with a master's in environmental studies, this program offers a unique opportunity to connect with the natural world and rejuvenate your mind, body, and spirit. See https://www.npr.org/transcripts/1195337204 if you would like to learn more about the benefits of forest bathing.

Smartphone Nature Photography with Anitra Lavanhar : March 9, 2:00pm – 4:00pm Ages 17 and up (*Just a few spots left!) May 4, 2:00pm – 4:00pm. Ages 10 and up, ages 10-16 require a caregiver participant.

Learn simple ways to dramatically improve your smartphone photos (all devices welcome). If you're looking to capture great landscapes or small nature details, wanting to take better family or travel photos, explore macro photography, or just wanting to learn some tips that will get you out observing your surroundings in new and exciting ways, this class is for you! We will spend time covering composition principles, lighting, and learning our way around our phone cameras and then practice our new techniques on a guided photo walk along the beautiful trails at Oxley Nature Center. Pre-registration is required. $10/person for members, $15 for non-members, please call 918-596-9054 for information and to receive your ONCA discount.

Red headed woodpecker | Bryan Tapp

OXLEY NATURE CENTER HOURS

10-4:30PM Tuesday through Saturday

Noon - 4:30PM on Sunday

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